

## **I feel tired “English slang”**

**Hi there, you are listening to Professor’s school of English slang**

**I’m Rick and today I’m going to take you through different ways of saying you are tired. I think it’s important that we talk about the word tired because there are so many different ways of saying “I’m tired”. People often talk with each other about how tired they are but people rarely use the word tired and use other slang words instead.**

One way to say “I’m tired” is to say “I’m exhausted”. Exhausted is actually a formal word meaning very very tired. It actually means your body cannot physically take anymore. For example, if you run for ages eventually you will become so out of breathe and your body will not be able to run anymore. This is when you are really exhausted. But these days’ English people use the word exhausted to exaggerate how tired they feel. So people will just come home from work and say “I’m exhausted.” You are free to use this word feel more tired than usual. For example, if you spent hours writing an essay and missed your sleep, you can say “I’m exhausted from writing this essay”.

**Another word which has a similar meaning to exhausted is knackered. People often say “I’m knackered” or “I feel knackered”. Knackered normally means when you feel more tired than usual after you have done some hard work. So after going to the gym, exercise, playing sport or even spending a long time at work, you will often hear people saying “I’m knackered”.**

People from London sometimes use cockney rhyming slang where they rhythm words. So to say “I’m knackered”, Londoners may say “I’m cream – crackered”. They say this because knackered and crackered rhythm, they sound similar. Actually Cream crackers are a popular type of cheese biscuit in England. This cockney rhyming slang may be very confusing and actually it is rarely spoken so don’t worry about it. I’ve only mentioned it here incase you hear somebody say it or watch old TV programs such as only fools and horses where they often say it.

**A very common word used in London is shattered. The real meaning of the word shattered means when something bursts into pieces. So glass is something that usually shatters. So if I say “I’m shattered” It means I’m so tired that it feels like my body is in pieces. So people often say “I’ve been working all day, I feel shattered”.**

Instead of saying “I’m tired”, some people simply say “I’m feeling sleepy”. This just means that you really want to go to sleep. You can also say “I’m tired out” or “I’m worn out”. They all just mean that you are tired and you want to rest.

**Instead of saying “I’m tired” some people use the world beat. For example they may say “I’m beat, I’m going to bed”. Beat just kind of means that you have lost, so like, “I’m beat, I can’t stay awake anymore”. You know?**

In some parts of the UK it's very common to hear people say "I feel dead". Again this just means I'm very tired. They say the word dead to show that they have no energy.

**A better phrase to say is "I'm dead to the world". If you say im dead to the world This means that you are so tired that no one or anything in the world can give you energy or motivate you. You just want to sleep.**

Another phrase which means "I'm tired" is "I'm running on empty". This is similar to a car which is running low on petrol. It means you have no energy but you must keep working, so if you are at work maybe you are tired but you are too busy to take a rest, you can say "I'm running on empty". It just means you are working with no energy.

**Lastly you may hear people say "I feel fucked". For example "I feel so fucked because I was working on my essay all night". This is actually very impolite; it is a rude way of saying that you feel tired. Students say this to each other and do not find it offensive. It's considered ok and cool to say this in many friendship groups. However, don't say this in front of professionals or people you don't know very well because many people will find it offensive. Please also note that I feel fucked can mean many different things depending on the situation. Most often it means "you feel drunk, or feel ill or feel tired. However, if you forget to say the word feel and you just say "I'm fucked" that can also mean many things depending on the situation such as I'm in big trouble."**

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